

The Changing World of Behavioral Health Services: Rewriting the Rule Book

Kentucky Medicaid Managed Care Forum

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**Department for Behavioral Health, Developmental
& Intellectual Disabilities**



Our Changing World

A long-awaited day in Behavioral Health Services.....



- Center for Medicare and Medicaid Services (CMS) authorized a State Plan Amendment for Kentucky
- Additional mental health services were added
- Full continuum of substance use disorder services included for all members beyond pregnant women and adolescents
- Provider network expanded to include individual and group providers as well as licensed organizations beyond community mental health centers

BEHAVIORAL HEALTH SERVICES

Rehabilitation Services

- Screening
- Assessment
- Psychological Testing
- Crisis Intervention
- Mobile Crisis
- Residential Crisis Stabilization
- Day Treatment (Kids only)
- Peer Support
- Parent/Family Peer Support
- Intensive Outpatient Program
- Individual Outpatient Therapy
- Group Outpatient Therapy
- Family Outpatient Therapy
- Collateral Outpatient Therapy (Kids only)
- Partial Hospitalization
- Service Planning (MH only)
- Residential Services for Substance Use Disorders
- Screening, Brief Intervention and Referral to Treatment (SU only)
- Medication Assisted Treatment (SU only)
- Assertive Community Treatment (MH only)
- Comprehensive Community Support Services (MH only)
- Therapeutic Rehabilitation Program (MH only)

Targeted Case Management

- Children with Severe Emotional Disability (SED) and Adults with Severe Mental Illness (SMI)
- Adolescents and Adults with Substance Use Disorders (*SUD Moderate to Severe*)
- Adults and Children with Co-occurring Mental Health or Substance Use Disorders and Chronic or Complex Physical Health Issues (*SMI, SED, or SUD and Physical Health conditions*)

NOTE: State Plan Amendment has been approved but the DMS administrative regulations have not yet been filed or adopted.

NEW PROVIDER TYPES

Provider Network Expansion

Mental health and substance use services can now be provided by an array of providers...

Prior to January 1, 2014

CMHC

After January 1, 2014

CMHC

Licensed
Practitioner

Licensed
Organization

Provider Group

Behavioral Health Services through DBHDID

- DBHDID intends to purchase services for individuals who have no insurance or are under-insured (i.e., for specific services not covered)
- DBHDID seeks to ensure the stability of a safety net, including crisis response services for adults and children
- DBHDID intends to be the payor of last resort – contractor is expected to seek reimbursement from all other sources prior to using DBHDID funding
- DBHDID intends to fund services for seven specific population groups

NOTE: Applies to all providers who contract with DBHDID for both mental health and substance use services.

Provider Network Expansion

New individual and group provider types specific to Behavioral Health Services include:

Individual Provider Types

- Licensed Clinical Social Worker (LCSW)*
- Licensed Psychologist (LP)*
- Licensed Professional Clinical Counselor (LPCC)
- Licensed Marriage and Family Therapist (LMFT)
- Licensed Psychological Practitioner (LPP)
 - Certified Psychologists with Autonomous Functioning
- Licensed Professional Art Therapist (PENDING CMS APPROVAL)
- Licensed Behavior Analyst (PENDING CMS APPROVAL)

Group Provider Types

- Multi-Specialty Group (MSG)

Provider Network Expansion

Providers who can perform services under supervision of a Medicaid-enrolled licensed practitioner:

- Licensed Professional Counselor Associate
- Marriage and Family Therapist Associate
- Certified Social Worker – Master's Level
- Licensed Psychological Associate
- Licensed Professional Art Therapist Associate (PENDING CMS APPROVAL)
- Licensed Assistant Behavioral Analyst (PENDING CMS APPROVAL)

Provider Network Expansion

Behavioral Health Services Organization (BHSO)

- New licensure category developed by CHFS Office of Inspector General to provide clinical behavioral health services.
- If a BHSO provides outpatient behavioral health services to treat individuals with substance use disorders or co-occurring disorders in which substance use disorder is the primary diagnosis, the BHSO will be required to be dually licensed as an AODE.
- In addition to providing outpatient behavioral health services, BHSOs may provide residential services for substance use disorders, in which case the BHSO must also be dually licensed as an AODE.

BHSO Webinar Link:

<http://dbhdid.ky.gov/dbh/bhso.aspx>

Provider Network Expansion

BHSOs will be licensed to provide one or more of the following behavioral health services as described in the Medicaid State Plan:

- Screening
- Assessment
- Psychological testing
- Crisis intervention
- **Mobile crisis**
- Day treatment
- Peer support
- Intensive outpatient services
- Individual, group, family, or collateral outpatient therapy
- Service planning for mental health disorders
- Screening, brief intervention and referral to treatment for substance abuse
- **Assertive community treatment for mental health disorders**
- Targeted case management
- Comprehensive community support services
- **Residential Substance Use**
- Therapeutic rehabilitation for adults with a serious mental illness or children with severe emotional disabilities.

**Limited to
Licensed
Organizations**

Provider Network Expansion

Residential Crisis Stabilization Units

- New separate licensure category being developed by CHFS Office of Inspector General for residential crisis stabilization units.
- Because Community Mental Health Centers and Psychiatric Residential Treatment Facilities may provide crisis stabilization under their existing licenses, CMHCs and PRTFs will not be required to obtain separate licensure as a residential crisis stabilization unit to provide the service.

Interactive Provider Network Map

<http://dbhdid.ky.gov/ProviderDirectory/ProviderDirectory.aspx>

KENTUCKY
CABINET FOR HEALTH AND FAMILY SERVICES
DEPARTMENT FOR BEHAVIORAL HEALTH,
DEVELOPMENTAL AND INTELLECTUAL DISABILITIES

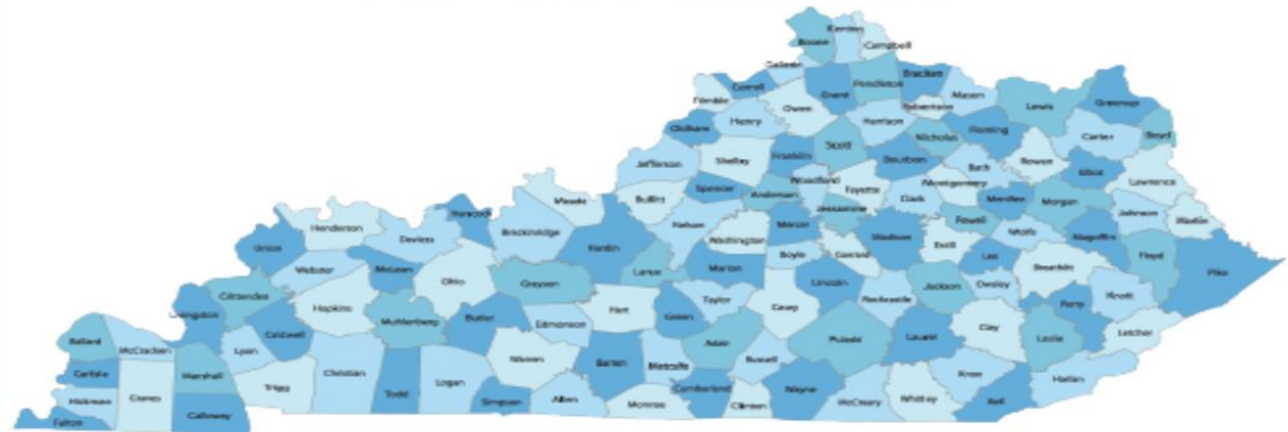


Provider Directory

[DBHIDD Home Page](#)

Make your selections and click "Submit" to display providers. Click "Reset" to clear all the selections

Select one or more counties by either using the Kentucky-County map or the county list below



☐ Statewide

Countries selected:


<input type="checkbox"/> Adair	<input type="checkbox"/> Allen	<input type="checkbox"/> Anderson	<input type="checkbox"/> Ballard	<input type="checkbox"/> Barren	<input type="checkbox"/> Bath	<input type="checkbox"/> Bell	<input type="checkbox"/> Boone	<input type="checkbox"/> Bourbon	<input type="checkbox"/> Boyd	<input type="checkbox"/> Boyle
<input type="checkbox"/> Boone	<input type="checkbox"/> Boyd	<input type="checkbox"/> Bracken	<input type="checkbox"/> Bullitt	<input type="checkbox"/> Butler	<input type="checkbox"/> Caldwell	<input type="checkbox"/> Calhoun	<input type="checkbox"/> Campbell	<input type="checkbox"/> Cassia	<input type="checkbox"/> Carroll	<input type="checkbox"/> Carter
<input type="checkbox"/> Casey	<input type="checkbox"/> Christian	<input type="checkbox"/> Clark	<input type="checkbox"/> Clay	<input type="checkbox"/> Clinton	<input type="checkbox"/> Crittenden	<input type="checkbox"/> Cumberland	<input type="checkbox"/> Daviess	<input type="checkbox"/> Edmonson	<input type="checkbox"/> Elliot	<input type="checkbox"/> Estill
<input type="checkbox"/> Fayette	<input type="checkbox"/> Fleming	<input type="checkbox"/> Floyd	<input type="checkbox"/> Franklin	<input type="checkbox"/> Fulton	<input type="checkbox"/> Gallatin	<input type="checkbox"/> Garrard	<input type="checkbox"/> Grant	<input type="checkbox"/> Graves	<input type="checkbox"/> Simpson	<input type="checkbox"/> Green
<input type="checkbox"/> Greenup	<input type="checkbox"/> Hancock	<input type="checkbox"/> Hardin	<input type="checkbox"/> Harrison	<input type="checkbox"/> Hart	<input type="checkbox"/> Henderson	<input type="checkbox"/> Henry	<input type="checkbox"/> Hickman	<input type="checkbox"/> Hopkins	<input type="checkbox"/> Jackson	<input type="checkbox"/> Jessamine
<input type="checkbox"/> Jefferson	<input type="checkbox"/> Jessamine	<input type="checkbox"/> Johnson	<input type="checkbox"/> Kenton	<input type="checkbox"/> Knott	<input type="checkbox"/> Knox	<input type="checkbox"/> Laclede	<input type="checkbox"/> Laurel	<input type="checkbox"/> Lawrence	<input type="checkbox"/> Lee	<input type="checkbox"/> Leslie
<input type="checkbox"/> Letcher	<input type="checkbox"/> Lewis	<input type="checkbox"/> Lincoln	<input type="checkbox"/> Livingston	<input type="checkbox"/> Logan	<input type="checkbox"/> Lyon	<input type="checkbox"/> Madison	<input type="checkbox"/> Magoffin	<input type="checkbox"/> Marion	<input type="checkbox"/> Marshall	<input type="checkbox"/> Martin
<input type="checkbox"/> Meigs	<input type="checkbox"/> Meigs	<input type="checkbox"/> Mercer	<input type="checkbox"/> Meigs	<input type="checkbox"/> Meigs	<input type="checkbox"/> Meigs	<input type="checkbox"/> Meigs	<input type="checkbox"/> Meigs	<input type="checkbox"/> Meigs	<input type="checkbox"/> Meigs	<input type="checkbox"/> Meigs
<input type="checkbox"/> Muhlenberg	<input type="checkbox"/> Nelson	<input type="checkbox"/> Nicholas	<input type="checkbox"/> Ohio	<input type="checkbox"/> Owsen	<input type="checkbox"/> Owen	<input type="checkbox"/> Owens	<input type="checkbox"/> Owen	<input type="checkbox"/> Owen	<input type="checkbox"/> Owen	<input type="checkbox"/> Owen
<input type="checkbox"/> Putnam	<input type="checkbox"/> Robertson	<input type="checkbox"/> Rockcastle	<input type="checkbox"/> Rowan	<input type="checkbox"/> Russell	<input type="checkbox"/> Scott	<input type="checkbox"/> Shelby	<input type="checkbox"/> Simpson	<input type="checkbox"/> Spencer	<input type="checkbox"/> Taylor	<input type="checkbox"/> Todd
<input type="checkbox"/> Trigg	<input type="checkbox"/> Trimble	<input type="checkbox"/> Union	<input type="checkbox"/> Warren	<input type="checkbox"/> Washington	<input type="checkbox"/> Wayne	<input type="checkbox"/> Webster	<input type="checkbox"/> Whitley	<input type="checkbox"/> Wolfe	<input type="checkbox"/> Woodford	

Following the Rules

KY Medicaid State Plan Amendments

<http://chfs.ky.gov/dms/State+Plan+Amendments.htm>

■ Home > Department for Medicaid Services > **State Plan Amendments**



State Plan Amendments (SPAs)

The documents listed below are amendments to the Medicaid state plan and have been submitted to the Centers for Medicare and Medicaid Services for approval. These amendments are in draft form only.

- [Definitions](#)
- [2014 SPAs](#)
- [2013 SPAs](#)
- [2012 SPAs](#)
- [2011 SPAs](#)
- [2010 SPAs](#)
- [2009 SPAs](#)
- [2008 SPAs](#)
- [2007 - 2000 SPAs](#)

Please Note: All manuals and materials are in PDF format and require a PDF reader, like Adobe Acrobat, to view the information. This program is free to download and easy to install. If you do not have this reader on your computer, [get the Adobe Reader](#)

Definitions

The following is a definition of status terms:

- Approved - accepted by CMS
- Off the Clock - CMS and DMS have agreed to let DMS resolve significant issues that would go beyond the 90-day clock.
- Pending - amendment has been submitted to CMS and is under review for approval.

2014 SPAs

Disclaimer:
Any State Plan Amendment listed as pending status is subject to change prior to approval by CMS and should not be considered the final submission.

SPA #	Title	Status
14-001	Local Health Departments	Approved
14-	New Targeted Case Management	Approved

Regulations

- [HB 349 - An Act relating to pharmacy audits](#)

Contact Information

For an official copy of SPAs listed here, contact the:

Department for Medicaid Services
275 E. Main St.
6 W-A
Frankfort, KY 40621
Phone: (502) 564-43
e-mail:
CHFS DMS Webmaster

DMS Home

- Kentucky Medicaid Waiver Case Management (WCM)
- Medicaid Assistance Program (MAP) Forms
- Medicaid Tobacco Cessation Program
- Programs and Services
- Fee and Rate Schedules
- Boards and Committees
- General Resources
- MCO Community Events Calendar
- KyHealth-Net System
- Pharmacy
- Provider Resources
- Legal and Policy Information
- How Do I enroll?
- DMS Newsletters
- Kentucky Medicaid EHR Incentive Program
- Advisory Council for Medical Assistance (MAC)
- HIPAA 5010 ICD-10 Transition Information
- KY Medicaid Program Terminated and Excluded Provider List
- Lockin Information

SPA by Year

Rehabilitation – 13-022
Targeted CM – 14-002A

Status



Provider Type Regulations

- Medicaid
 - 907 KAR 1:044. Coverage provisions and requirements regarding community mental health center services.
 - 907 KAR 1:045. Reimbursement provisions and requirements regarding community mental health center services.
 - 907 KAR 15:005. Definitions.
 - 907 KAR 15:010. Coverage provisions and requirements regarding behavioral health services provided by independent providers.
 - 907 KAR 15:015. Reimbursement provisions and requirements for behavioral health services provided by independent providers.
 - 907 KAR 15:020E. Coverage provisions and requirements regarding services provided by behavioral health services organizations.
 - 907 KAR 15:025E. Reimbursement provisions and requirements regarding behavioral health services provided by behavioral health services organizations.
- DBHDID
 - 908 KAR 1:370. Licensing Procedures & Standards for Persons and Agencies Operating Nonmedical & Nonhospital Based Alcohol & Other Drug Abuse Treatment Programs (AODE)
 - 908 KAR 2:220. Kentucky peer support specialist.
 - 908 KAR 2:230. Kentucky family peer support specialist.
 - 908 KAR 2:240. Kentucky youth peer support specialist.
 - 908 KAR 2:250. Community support associate: eligibility criteria and training.
- OIG
 - 902 KAR 20:430E Facilities specifications, operation and services, behavioral health services organization.
 - 902 KAR 20:440E. Facilities specifications, operation and services; residential crisis stabilization units.

Administrative Regulations

<http://www.lrc.ky.gov/kar/titles.htm>



Kentucky Legislature

Kentucky Administrative Regulations TITLES

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[KAR](#) | [Legislature Home Page](#)

- [TITLE 902 CABINET FOR HEALTH AND FAMILY SERVICES DEPARTMENT FOR PUBLIC HEALTH](#)
- [TITLE 906 CABINET FOR HEALTH AND FAMILY SERVICES](#)
- [TITLE 907 CABINET FOR HEALTH AND FAMILY SERVICES DEPARTMENT FOR MEDICAID SERVICES](#)
- [TITLE 908 CABINET FOR HEALTH AND FAMILY SERVICES DEPARTMENT FOR BEHAVIORAL HEALTH, DEVELOPMENTAL AND INTELLECTUAL DISABILITIES](#)

Non-Licensed Service Professionals

- Non-licensed professionals, including:
 - Targeted Case Managers
 - Community Support Associates
 - Peer Support Specialists
- Eligibility, training and supervision requirements outlined in regulation
- Training curricula must be approved by DBHDID

Community Support Associate

DBHDID Website for CSA:

<http://dbhdid.ky.gov/dbh/csa.aspx>

Community Support Associate Curriculum Approval Process

Curriculum Approval Process for the Community Support Associate
Initial 10-Hour Training Requirements

The Department for Behavioral Health, Developmental and Intellectual Disabilities will approve the initial 10-hour training curriculum for the Community Support Associate (CSA) as written in the Kentucky Administrative Regulations, Title 908 Chapter 2, Community Support Associate (see "908 KAR 2" in Related Links).

This regulation specifies five areas of focus, which are:

1. Principles of recovery and resilience.
2. Principles of psychiatric rehabilitation.
3. Effective listening and communication skills.
4. Diagnosis and medication management of mental health disorders or co-occurring disorders.
5. Crisis coping skills.

Contact Information
100 Fair Oaks Lane 4E-D
Frankfort, KY 40621-0001
Phone: (502) 564-4456
TTY: (502) 564-5777
Fax: (502) 564-9010
[Email Contact Form](#)

Related Links
[Calendar of Events](#)
[Provider Directory](#)
[908 KAR 2](#)

Curriculum Approval Process

1. Review the Core Competency document below to understand what information is needed in the curriculum.
2. Review the Curriculum Rubric document below to understand how the curriculum will be scored.
3. Submit the following items for review:
 - a. Curriculum Application Form
 - b. Curriculum for the CSA Initial 10-Hour Training, saved as a PDF file using a USB flash drive. Clearly label the USB flash drive with the provider's name and author.

Community Support Associate

908 KAR 2 Community Support Associate (CSA) Department Approved Training Curriculum Criteria for the Initial Training Requirement Rubric

Core Competencies of the Quality Curriculum	Specifics for the Curriculum	Does not Meet	Partially Meets	Meets
Core Competency 1. Engaging Consumers and Family Members (1 hour)	Effective Communication.			
	Define OARS (Open-ended questions, Affirmations, Reflections and Summarizing)			
	Provide evidence that OARS is practiced			
	Family and Consumer Centered Services.			
	Define concepts of: family driven, youth guided, consumer driven and system of care			
	Describe how these concepts (family driven, youth guided, consumer driven) relate to the scope of work as a CSA (provide an example of each)			
	Effective Engagement of Natural Supports.			
	Define natural supports and provide an example of these supports (i.e. family, friends, community)			
	Provide instruction on engagement strategies (specifically how to identify and engage natural supports)			
	Trauma-Informed Care.			
Core Competency 2. Crisis Management (1 hour)	Define trauma to include: an understanding of the prevalence, the impact, healing and recovery			
	Define trauma informed care			
	Describe the 5 core values within a culture of trauma-informed care with collaboration and empowerment			
	Crisis Management.			
	Define a behavioral health crisis			
	Provide instruction on crisis intervention strategies			
	Provide instruction on writing a crisis prevention plan			
Core Competency 3. Self-advocacy & Navigation Skills (1 hour)	Suicide Prevention and Awareness.			
	Define suicide risks, signs and behaviors (as described in the Zero Suicide Initiative)			
	Identify 3-5 appropriate responses when working with a potential suicide risk			
	Self-advocacy Skills.			
	Define self-advocacy skills for the CSA			
	Provide examples of self-advocacy skills for the CSA			
	Instruction on how to assist consumers in becoming a self-advocate			

Curriculum Information

- **Core Competencies for Curriculum** [PDF](#) [Word](#)
This document explains the 10-hour core competencies that are needed in the curriculum.
- **Curriculum Rubric** [PDF](#) [Word](#)
This document explains how the curriculum will be scored.
- **Curriculum Application Form** [PDF](#) [Word](#)
This document contains identifying information about the applicant who is applying for curriculum approval. Please remember to submit this form and a USB flash drive of the curriculum for review.

Managed Care Organizations

- For billing purposes, providers must always work with the client's insurance carrier - such as the MCO - to determine preauthorization requirements, billing procedures, etc.
- Providers are strongly encouraged to read the MCO *Provider Manuals* available from their respective websites.

Building a Quality Continuum

If anything is certain, it is
that change is certain....
Change should be a friend.
It should happen by plan,
not by accident.

Philip Crosby, Reflections on Quality

Service Standards

<http://dbhdid.ky.gov/kdbhdid/standards.aspx>

Click on a link below to access the service standard document.

- Assertive Community Treatment
 - Assessment
 - Collateral Outpatient Therapy
 - Comprehensive Community Support Services
 - Crisis Intervention
 - Day Treatment
 - Family Outpatient Therapy
 - Group Therapy
 - Individual Outpatient Therapy
 - Individual Outpatient Therapy (Psychiatrist)
 - Intensive Outpatient Program
 - Medication Assisted Treatment
 - Mobile Crisis
 - Parent/Family Peer Support
 - Partial Hospitalization
 - Peer Support (for Adults)
 - Peer Support (for Youth)
 - Psychological Testing
 - Residential Crisis Stabilization
 - Residential Services for Substance Use Disorders
 - Screening
 - Screening, Brief Intervention, and Referral to Treatment
 - Service Planning
 - Supported Employment
 - Supportive Housing
 - Therapeutic Rehabilitation Program (for Adults)
 - Therapeutic Rehabilitation Program (for Children)
- Currently accessible...
More to come
- 

Service Standard Components

- Service Definition/Required Components
- Provider Requirements/Qualifications
- Staffing Requirements
- Supervision Requirements
- Admission Requirements
- Service Planning/Documentation
- Continued Stay Criteria
- Discharge Criteria
- Service Setting
- Service Limitations/Exclusion
- Unit of Service
- Service Codes
- Program Evaluation/Quality Improvement
- Program Principles

Service Standards

#	Category	Standard	Provisional Standard	Notes/Comments
1	Service Definition/ Required Components	<p>IPS (Individual Placement and Support) Supported Employment is an evidence based practice designed to assist persons with serious mental illness (SMI) to obtain employment in a competitive environment using the supports of their mental health treatment team, an employment specialist and benefits counselor.</p> <p>Supported employment services include:</p> <ul style="list-style-type: none"> • Person Centered Job Selection • Job development and Analysis • Job Acquisition with Support • Long term Support and Follow Up <p>The principles are planned and implemented through a partnership with the client and the treatment team members, of which the Employment Specialist is a member, in order to assist the client in achieving specific employment goals as defined by the client's individualized person centered plan.</p>		<p>IPS Supported Employment is a voluntary program. The client may choose to enter/exit the program at any time.</p> <p>The Employment Specialist needs to be considered a member of the mental health treatment team and, ideally, located where services are delivered.</p>
2	Provider Requirements / Qualifications	<p>Employment Specialist: Services to be provided by a person with education and experience equivalent to a bachelor's degree in mental health, social services or business. Experience working with people with serious mental illnesses, experience providing employment services, and knowledge of the work world are preferred. Ability to work as an effective team member is essential. Must be over the age of 18.</p>		<p>Must complete the Supported Employment Training Program through an approved contractor of the Kentucky Office of Vocational Rehabilitation within six months of employment.</p>
3	Staffing Requirements	<p>The recommended caseload size per Supported Employment Specialist is 20 or fewer individuals. In order to provide individualized services, the case load size should remain under 20. This limit is based on IPS Supported Employment Fidelity Scale to obtain</p>		<p>Includes caseload size, team composition, training and continuing education requirements, etc.</p>

Kentucky DBHDID Service Standards/Supported Employment

Cabinet for Health and Family Services



- Crisis Services
- Child and Youth Services
- Adult Services
- Substance Use Treatment Services

Crisis Services

Continuum of Crisis Services

- Prevention
- Information & Referral
- Warm Line
- Hotline
- Telephone Contact
- Telephone Crisis Triage
- Telephone Crisis Counseling
- Crisis Consultation
- Emergency Telehealth Psychiatry
- Transportation
- Psychiatric Crisis Consultation
- Crisis Intervention Team
- Mobile Crisis Outreach
- Consumer Run Support
- Emergency CM Services
- Assertive Community Treatment
- Mobile Crisis Stabilization
- Residential Crisis Stabilization – Voluntary & Involuntary
- Inpatient Psychiatric Hospitalization Stabilization – Voluntary
- Inpatient Involuntary Commitment

Crisis Services in the State Plan

- Crisis Intervention
 - Individual, Group, or Licensed Organization
 - Office-Based
 - Does not require diagnosis
- Mobile Crisis
 - Licensed Organization
 - Any where other than office
 - 24/7 availability
 - Does not require diagnosis
- Residential Crisis
 - Requires OIG licensure (exception: PRTFs and CMHCs)
 - Overnight
 - 24/7 access
 - Non-hospital; community-based
 - Does not require diagnosis

Child, Youth & Family Services

Continuum of Child & Youth Services

- Screening (including for substance use, trauma, ASD)
- Individual Assessment (bio-psycho-social, functional, for specific disorders such as ASD)
- Family Assessment
- Psychological Evaluation
- Psychiatric (medical evaluation and ongoing management)
- Service Planning (initial and ongoing)
- Peer Support (youth and family)
- Community Support
- Basic Case Management (not limited to those with SED, can be provided by clinician to ensure continuity of care)
- Targeted Case Management (via wraparound process for those with SED, complex treatment needs, co-occurring MH/SU)
- Targeted Case Management for those with co-occurring disorders (including complex trauma)



Continuum of Child & Youth Services

- Outpatient Clinical (individual, group, family, collateral therapies), on- and off-site
- Intensive In-home
- Treatment foster care
- Respite (in-home and other, hourly, daily, crisis, overnight options)
- Telephonic Crisis Stabilization (24/7)
- Walk-in Crisis Intervention
- Mobile Crisis Stabilization (24/7)
- Crisis Stabilization Unit (24/7)
- Therapeutic Rehabilitation
- Intensive Outpatient
- Day Treatment
- Partial Hospitalization
- Medication Assisted Treatment (for SUD)
- Residential Treatment
- Inpatient Psychiatric Hospitalization
- Discharge Planning
- Transition Planning



Comprehensive Community Support

- Individual, Provider Group, or Licensed Organization can deliver the service
 - Community Support Associates must be employed by a licensed organization
- Requires a mental health diagnosis
- Goal is to assure independent living in the community by improving skills:
 - daily living
 - self monitoring of symptoms and side effects
 - emotional regulation
 - crisis coping
 - interpersonal

<http://dbhdid.ky.gov/kdbhdid/documents/standards/support.pdf>

Cabinet for Health and Family Services



Individual Outpatient & Collateral Therapy

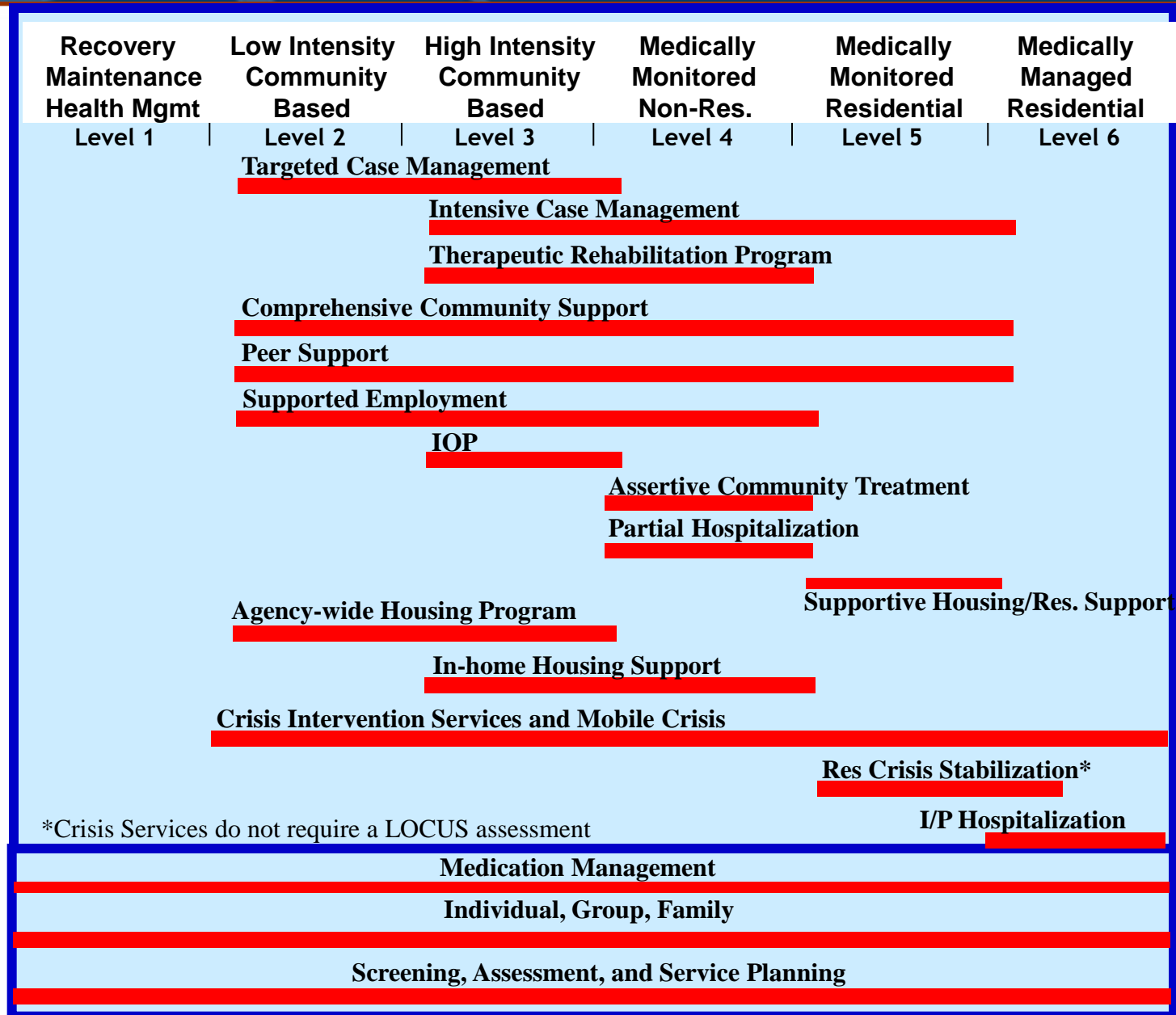
- Individual, Provider Group, or Licensed Organization can deliver the service
- Place of service is not limited
- Intensity of service is limited to 3 hours/day, unless medically necessary
- Behavioral health services included in a child's IEP
- Collateral therapy is for children only

Targeted Case Management for SED

- Today, CMHCs are the only allowable provider outside of the EPSDT benefit
- Regulations have not been filed by DMS (7-29-14)
- Recipients are age 20 and under
- Recipients are deemed SED
 - Diagnosis
 - Disability
 - Duration

Adult Services

Continuum of Adult Services



*Crisis Services do not require a LOCUS assessment



Assertive Community Treatment

- Licensed Organization
- Evidence-Based Team approach (4 or 10 person team)/Toolkit
- Requires SMI designation
- Involves family support & building natural supports

<http://dbhdid.ky.gov/kdbhdid/documents/standards/assertive.pdf>

Peer Support

- Provider Group or Licensed Organization
- Requires “lived experience”
- Must be trained and supervised in accordance with state regulations

<http://dbhdid.ky.gov/kdbhdid/documents/standards/peer-adults.pdf>

Therapeutic Rehabilitation Program

- Individual, Provider Group, or Licensed Organization
- Requires SMI or SED designation
- Individual or Group setting
- Goal is to improve skills:
 - daily living
 - self monitoring of symptoms and side effects
 - emotional regulation
 - crisis coping
 - interpersonal

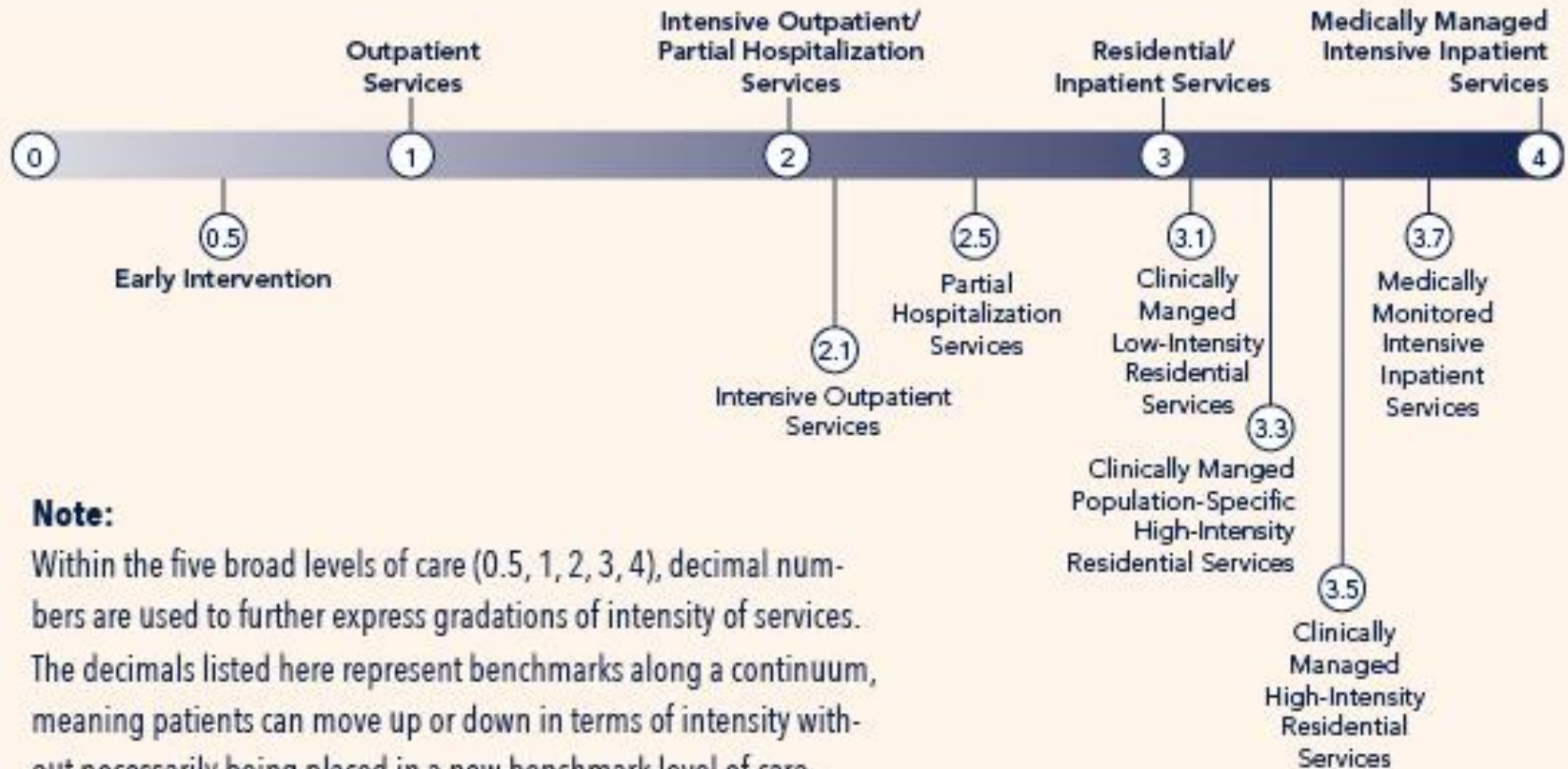
<http://dbhdid.ky.gov/kdbhdid/documents/standards/rehab-adults.pdf>



Substance Use Treatment Services

Continuum of Substance Use Services

REFLECTING A CONTINUUM OF CARE



Note:

Within the five broad levels of care (0.5, 1, 2, 3, 4), decimal numbers are used to further express gradations of intensity of services. The decimals listed here represent benchmarks along a continuum, meaning patients can move up or down in terms of intensity without necessarily being placed in a new benchmark level of care.

SBIRT

- Individual, Provider Group, or Licensed Organization can deliver the service
- Evidence-based practice
- 3 Components
 - Screening
 - Brief Intervention
 - Referral to Treatment

<http://beta.samhsa.gov/sbirt>

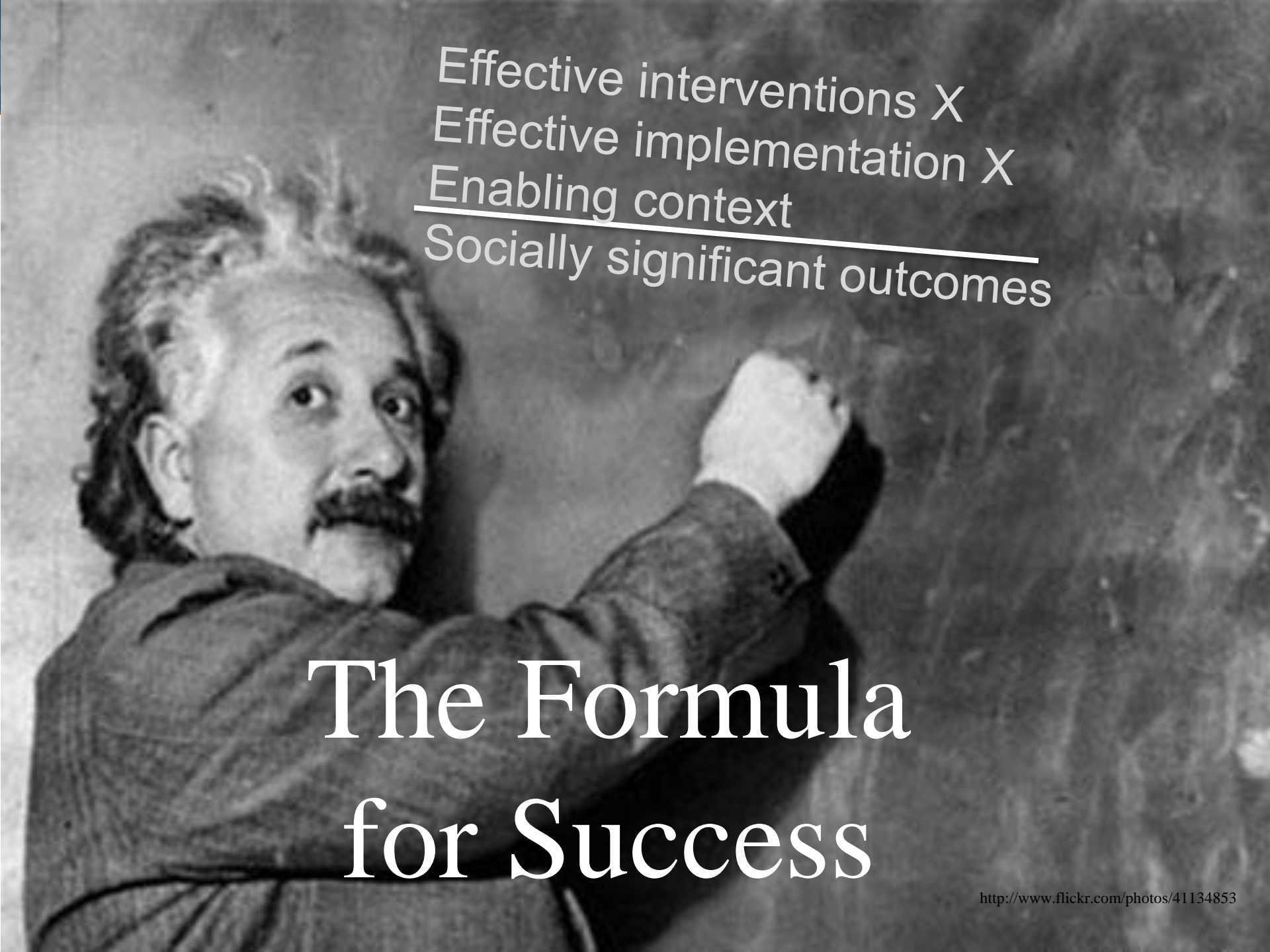
Intensive Outpatient Program

- Provider Group or Licensed Organization can deliver the service
- Must have access to a Board-Certified or Board-Eligible Psychiatrist for consultation
- Must have access to a Psychiatrist, other physician, or APRN for medication management
- At least 3 hours per day/3 days per week
- Recipient-to-Staff Ratio Requirements
- MH & SU
- Adults & Youth

Residential Substance Use Treatment

- Must be licensed as an AODE by OIG
- Licensed Organizations, including a BHSO, can deliver the service
- Short-Term: 14-28 days
- Long-Term: 28-90 days
- Must meet LOC criteria using a nationally recognized tool approved by DBHDID
- Limits exist for number of aggregate beds

Intentional and Purposeful Implementation

A black and white photograph of Albert Einstein, looking up and pointing his right index finger towards the top right of the frame. He is standing in front of a chalkboard. The text of the formula is written on the chalkboard in the upper right quadrant.

Effective interventions X
Effective implementation X
Enabling context
Socially significant outcomes

The Formula for Success

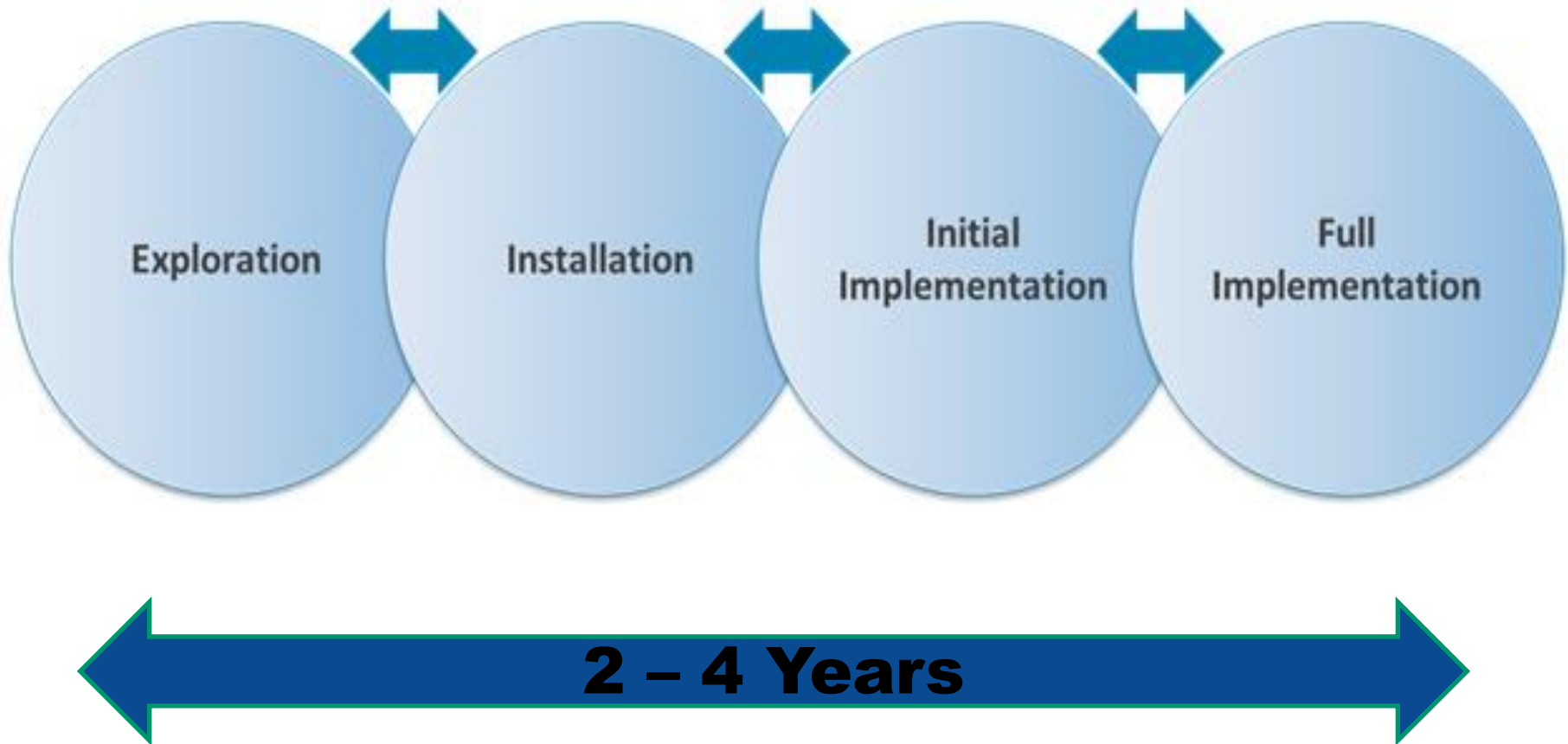


**the scientific
study of methods
to promote the
systematic uptake
of research
findings and other
evidence-based
practices into
*routine practice***

Active Implementation Frameworks

- **Implementation Stages**
- **Usable Interventions**
- **Implementation Drivers**
- **Implementation Teams**
- **Improvement Cycles**

Stages of Implementation



<http://www.nrepp.samhsa.gov/Index.aspx>

NREPP | Advanced Search - Windows Internet Explorer

http://www.nrepp.samhsa.gov/AdvancedSearch.aspx

File Edit View Favorites Tools Help

Convert Select

Favorites Intranet Ky KLIR Suggested Sites Web Slice Gallery SharePoint

NREPP | Advanced Search... Kentucky Cabinet for Heal...

NREPP SAMHSA's National Registry of Evidence-based Programs and Practices

Home | About NREPP | Find an Intervention | Reviews & Submissions | Learning Center | Contact Us

Basic Search Advanced Search View All Interventions

Home > Find an Intervention > Advanced Search

Find an Intervention - Advanced Search

Select specific criteria for a more detailed search of interventions reviewed by NREPP.

Keyword or Phrase <input type="text" value="Enter keyword or phrase"/>	Gender <input type="checkbox"/> Male Only <input type="checkbox"/> Female Only
Areas of Interest <input type="checkbox"/> Mental health promotion <input type="checkbox"/> Mental health treatment <input type="checkbox"/> Substance abuse prevention <input type="checkbox"/> Substance abuse treatment	Outcome Categories <input type="checkbox"/> Alcohol <input type="checkbox"/> Cost <input type="checkbox"/> Crime/delinquency <input type="checkbox"/> Drugs
Ages <input type="checkbox"/> 0-5 (Early childhood) <input type="checkbox"/> 6-12 (Childhood) <input type="checkbox"/> 13-17 (Adolescent) <input type="checkbox"/> 18-25 (Young adult)	Races/Ethnicities* <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Asian <input type="checkbox"/> Black or African American <input type="checkbox"/> Hispanic or Latino
	Geographic Locations <input type="checkbox"/> Urban <input type="checkbox"/> Suburban <input type="checkbox"/> Rural and/or frontier <input type="checkbox"/> Tribal
	Settings <input type="checkbox"/> Inpatient <input type="checkbox"/> Residential <input type="checkbox"/> Outpatient <input type="checkbox"/> Correctional

Internet | Protected Mode: On 95%

Usable Interventions

Clear Description

Essential
Functions

**Usable
Intervention**

Operational
Definitions

Practical Fidelity
Assessment

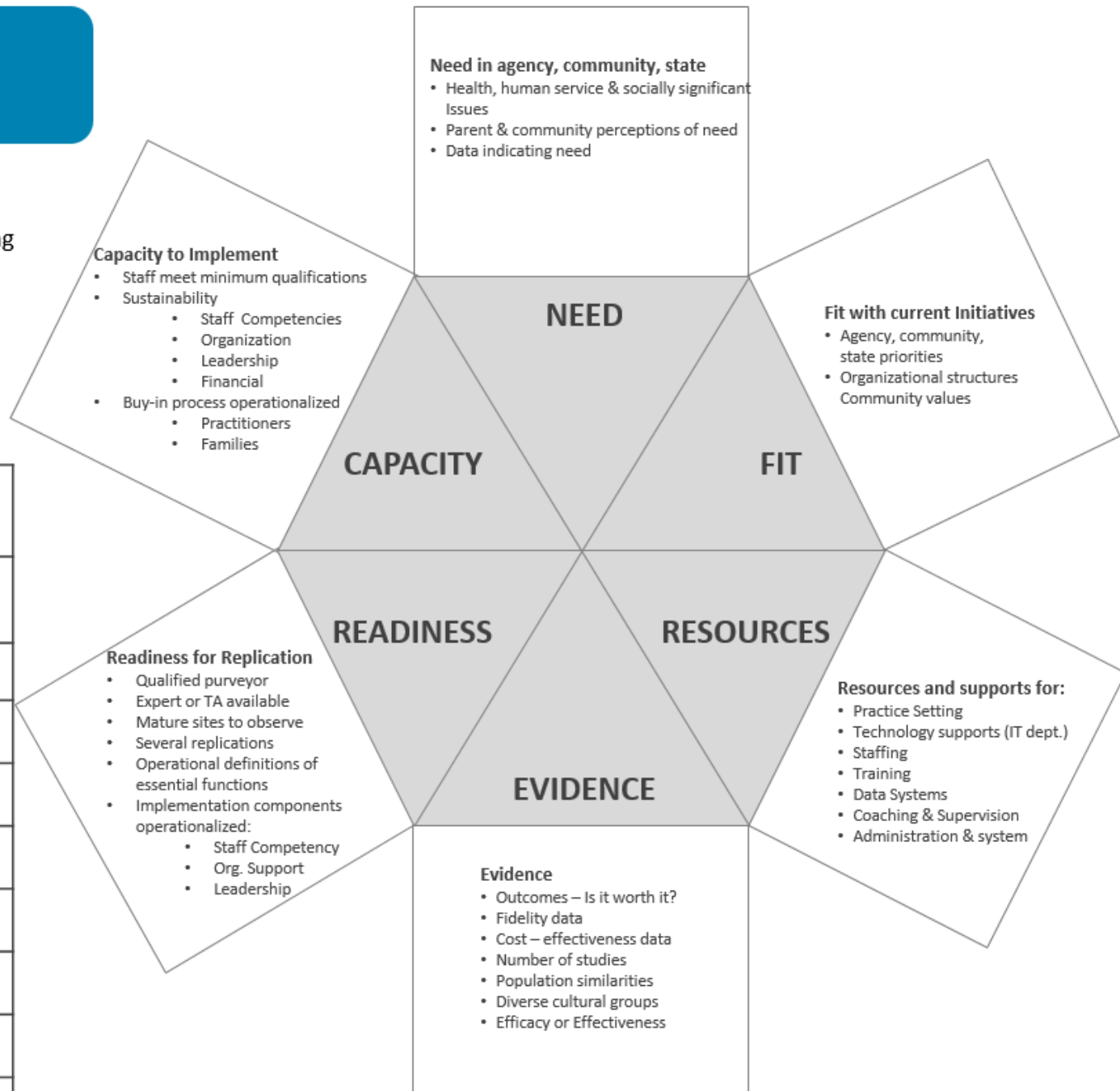
The Hexagon Tool

Exploring Context

The Hexagon Tool can be used as a planning tool to evaluate evidence-based programs and practices during the Exploration Stage of Implementation.

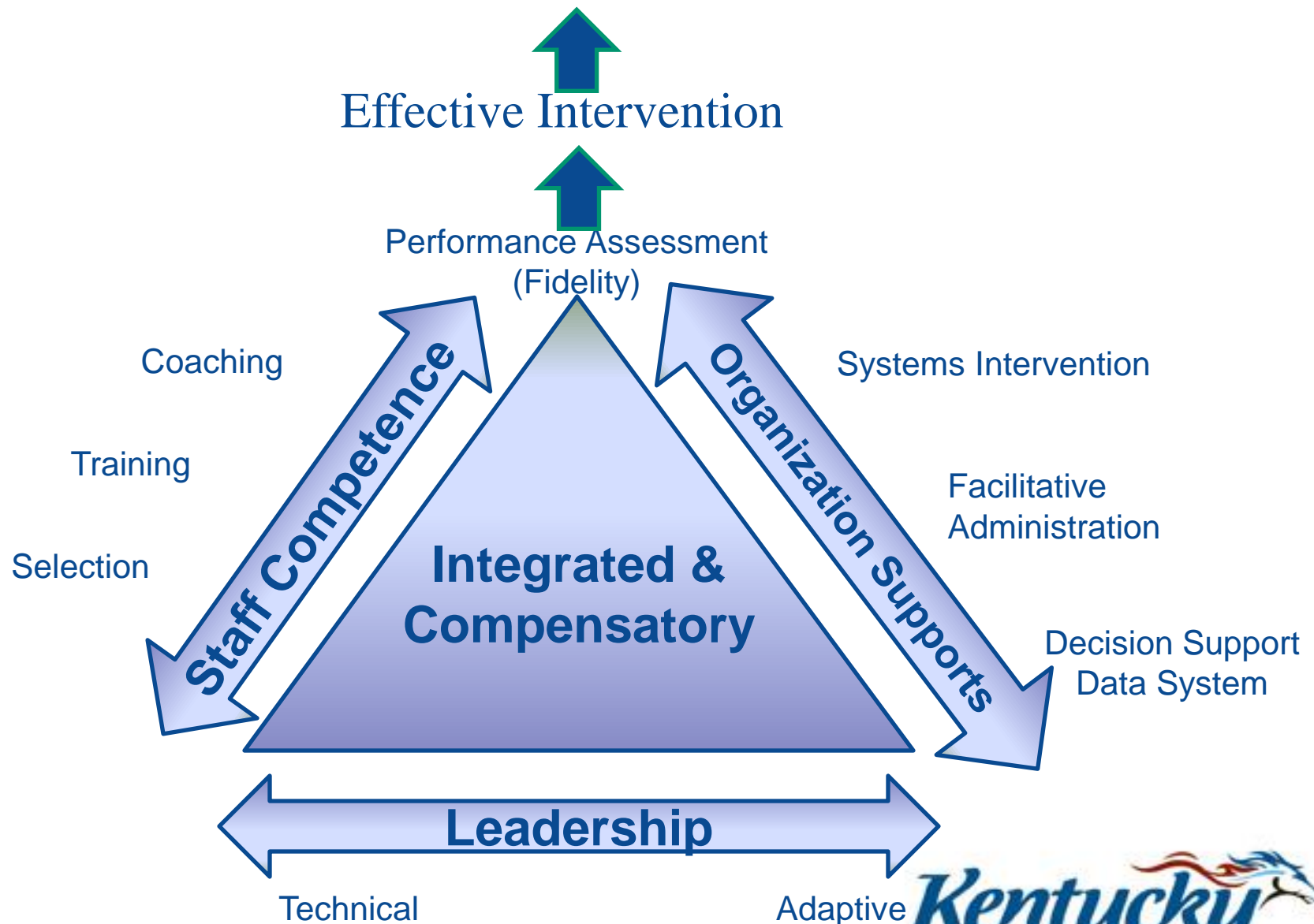
See the Active Implementation Hub Resource Library

<http://implementation.fpg.unc.edu>



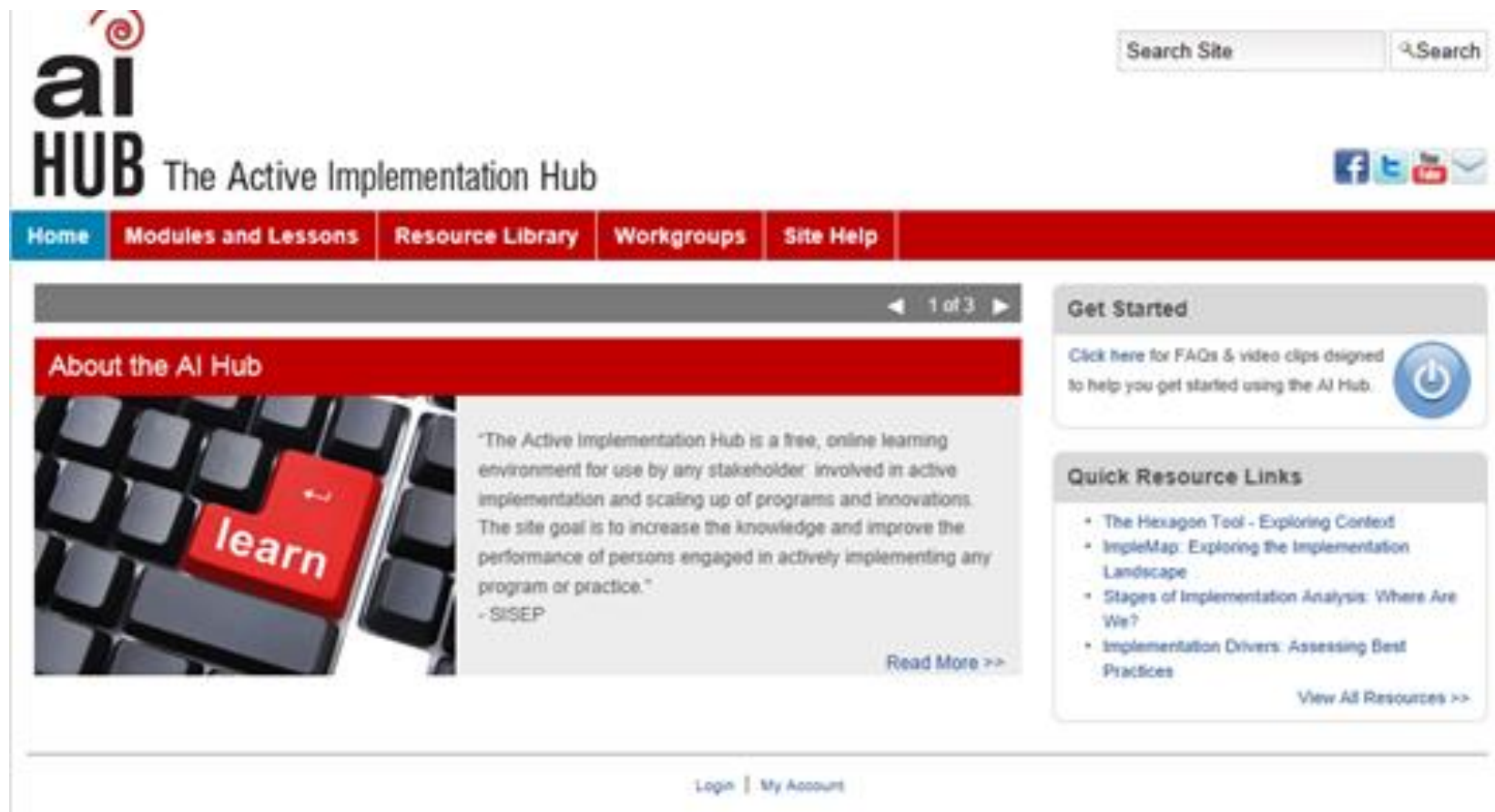
EBP:				
5 Point Rating Scale: High = 5; Medium = 3; Low = 1. Midpoints can be used and scored as a 2 or 4.				
	High	Med	Low	
Need				
Fit				
Resource Availability				
Evidence				
Readiness for Replication				
Capacity to Implement				
Total Score				

Socially Significant Outcomes



Active Implementation Frameworks

<http://implementation.fpg.unc.edu/>



The screenshot shows the homepage of the AI HUB (The Active Implementation Hub). The header features the AI HUB logo with a red swirl icon, the text "The Active Implementation Hub", a search bar, and social media icons for Facebook, Twitter, YouTube, and Email. A red navigation bar contains links for Home, Modules and Lessons, Resource Library, Workgroups, and Site Help. The main content area is titled "About the AI Hub" and includes a keyboard image with a red "learn" key. A quote from SiSEP describes the hub as a free, online learning environment. A "Get Started" section with a power button icon and a "Quick Resource Links" section with a list of links are also present. The footer includes a "Login | My Account" link.

ai HUB The Active Implementation Hub


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Home Modules and Lessons Resource Library Workgroups Site Help

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About the AI Hub



"The Active Implementation Hub is a free, online learning environment for use by any stakeholder involved in active implementation and scaling up of programs and innovations. The site goal is to increase the knowledge and improve the performance of persons engaged in actively implementing any program or practice."
- SiSEP

[Read More >>](#)

Get Started

[Click here for FAQs & video clips designed to help you get started using the AI Hub.](#)

Quick Resource Links

- The Hexagon Tool - Exploring Context
- ImpleMap: Exploring the Implementation Landscape
- Stages of Implementation Analysis: Where Are We?
- Implementation Drivers: Assessing Best Practices

[View All Resources >>](#)

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